

# SAMHSA Garrett Lee Smith State/Tribal Suicide Prevention Program

TRAC: Required Indicators

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Questions?

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**IPP Indicator: PARTNERSHIPS/COLLABORATIONS (PC2)**

**The number of organizations collaborating/coordinating/sharing resources with other organizations as a result of the grant.**

Intent, Key Points Definition of Key Terms	What are you counting?	Guidelines for entering data on the Result Form
<p><u>Intent is to</u> report information on new relationships and partnerships developed as result of the grant.</p> <p><u>“Organizations”</u> - State/local/tribal agencies, bureaus, counties or other major subdivisions who provide behavioral health, mental health and related services.</p> <p><u>Includes:</u> consumer or family member run organizations, private providers, non-governmental organizations, committees, coalitions, advisory boards, and task forces.</p> <p><u>“Collaborating/Coordinating”</u> – process where two or more organizations work in partnership together toward a common goal.</p> <p><u>“Sharing Resources”</u>- allows others to use available resources for increasing outcome/goals. Includes personnel time, facilities, equipment, information, etc.</p>	<p><u>Information to Count:</u> Count the number of organizations in the collaboration; <b>NOT</b> the number of resources shared or the number of meetings held.</p> <p><u>Ask the Question:</u> What are the new relationships that have been created as a result of the grant?</p> <ul style="list-style-type: none"> <li>- Count new collaborations <b>ONLY</b> that are developed as a result of the grant; NOT collaborations that existed prior to the grant award.</li> <li>-If a new organization is added to an existing collaboration, count only that new organization.</li> <li>-Count the number of organizations that come together as a result of the grant, <i>even if the grantee isn't involved</i> in the collaboration.</li> <li>-If one organization shares several resources, count the organization once.</li> <li>-If one organization collaborates on several different partnerships, count that organization once.</li> <li>-Count formal interagency agreements, MOUs, etc.</li> </ul> <p><b>TIP!! DO NOT Count organizations that have been reported in previous quarters.</b></p>	<p>On the Result Form, enter the following information in the quarter when the collaboration(s) took place:</p> <p><u>Result Name:</u> Enter the name/ type of partnership</p> <p><u>Result Description:</u> Enter a description of 1) name of organizations 2) what they are collaborating on.</p> <p><u>Result Number:</u> Enter the total number of organizations who participated in the collaboration (DO NOT include yourself/grantee)</p> <p align="center"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Suicide Prevention Taskforce in Upper County</p> <p><u>Result Description:</u> As a result of the grant and during this quarter, four organizations- School Board, Family Social Services, Juvenile Justice, and Behavioral Health Agency-- came together to establish a new Taskforce on Youth Suicide Prevention</p> <p><u>Result Number:</u> 4</p> <p align="center"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Suicide Response Protocol MOU</p> <p><u>Result Description:</u> As a result of the grant and during this quarter, an MOU was developed with area local hospital and local community mental health provider to carry out risk assessment and intervention for at risk high school students.</p> <p><u>Result Number:</u> 2 (this number does not include the grantee)</p>

**IPP Indicator: POLICY DEVELOPMENT (PD1)**  
**The number of policy changes completed as a result of the grant.**

Intent & Key Points	Definition of Key Terms	Who are you Counting?	Guidelines for entering Data on the Result Form	Tips and Resources
<p><u>Intent is to</u> report all policy changes that have been completed as a result of the grant.</p>	<p><u>“Policy”</u> a written document directing an action or event; administrative or legislative in origin. Examples include formal, written documents identified as: directives, guidance, clinical practice guidelines, regulations, statutes, operations manuals, procedures, bylaws, strategic plans, mission statements, written decisions, or standards.</p> <p><u>“Change”</u> – the creation of a policy that did not previously exist; the documentation of a policy that existed in an undocumented form; or the elimination or alteration of a policy that previously existed and had already been documented</p> <p><u>“Completed”</u> – exists in its final form and has been approved or passed by the party or parties with authority to do so</p>	<p><u>Type of Policy Changes to Count:</u> Report on all policy changes in this quarter that have been completed as a result of the grant.</p> <ul style="list-style-type: none"> <li>– The policy change should only be reported <u>once and only when the change has been completed.</u></li> <li>– Do not report the policy change if discussions have only begun about the policy but it has not been completed or approved.</li> <li>– The policy may be reported if it is not yet implemented.</li> <li>– Crisis protocols in schools is the most common example reported.</li> <li>– Each school that officially adopts a written policy would count.</li> <li>– It must be a <b>POLICY</b> not an MOU with your agency.</li> <li>– Must be because of <b>GRANT EFFORTS.</b></li> </ul>	<p>On the Result Form, enter the following information in the quarter when the policy change was completed:</p> <p><u>Result Name:</u> Enter the name/title of the policy changed</p> <p><u>Result Description:</u> Enter description of who changed the policy and what the policy entailed</p> <p><u>Result Number:</u> One policy change is reported per result record.</p> <p align="center"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Crisis Protocol in Schools</p> <p><u>Result Description:</u> Smith County Middle School adopted a formal crisis protocol for their students.</p> <p><u>Result Number:</u> 1 (policy)</p> <p align="center"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Follow-up Protocol</p> <p><u>Result Description:</u> Smith Hospital adopted formal follow-up procedures for youth that are discharged from the Emergency Department.</p> <p><u>Result Number:</u> 1 (policy)</p>	<p>Each school in a district that adopts a policy counts.</p>

## IPP Indicator: POLICY DEVELOPMENT (PD2)

**The number of organizations or communities that demonstrate improved readiness to change their systems in order to implement mental health-related practices that are consistent with the goals of the grant.**

Intent & Key Points	Definition of Key Terms	Who are you Counting?	Guidelines for entering Data on the Result Form
<p><u>Intent is to</u> capture information on organizations/ communities improved readiness to change their systems by implementing specific mental health-related practices that are consistent with the goals of the grant. We are looking to count the efforts that grantees make in <u>connecting with</u> agencies and informing them of suicide prevention initiatives.</p>	<p><u>“Communities”</u> are a group of people living in the same locality and under the same district or government.</p> <p><u>“Improved Readiness to Change”</u> - to change a system over time; generally occurs in stages and improvement readiness can be made by moving from one stage to another. Prochaska and DiClemente’s stages of change may be used as a model. The stages are as follows: pre-contemplation; contemplation; preparation; action; maintenance; and termination.</p> <p><u>“Systems”</u> – a network of services and supports at the state, local or tribal level organized to meet the needs of children and youth.</p>	<p><u>Type of Organizations or Communities to Count:</u> Report on organizations/ communities improved readiness to change their systems by implementing specific mental health-related practices that are consistent with the goals of the grant.</p> <p>Count the number of organizations/communities, <u>not</u> the number of changes to a system. For example, if an organization makes two changes to their system this FFY quarter, count the organization once.</p> <p>You must have a way to measure improved readiness to change already in place such as a measurement instrument or program criteria. For example, there must be an “action” step associated with the change.</p>	<p>On the Result Form, enter the following information in the quarter when the readiness to change was demonstrated:</p> <p><u>Result Name:</u> Enter the way that readiness to change was demonstrated</p> <p><u>Result Description:</u> Enter description of 1) who demonstrated readiness to change and 2) how they demonstrated readiness to change</p> <p><u>Result Number:</u> Enter the total number of organizations/communities (Count the number of organizations or communities, NOT the number of changes).</p> <p style="text-align: center;"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Community Readiness Assessment</p> <p><u>Result Description:</u> Two communities in our program demonstrated readiness to change by increasing their score on the Community Readiness Assessment this quarter.</p> <p><u>Result Number:</u> 2</p> <p style="text-align: center;"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Hospital requested meeting to discuss follow-up policies.</p> <p><u>Result Description:</u> A hospital that was previously uninterested in follow-up care reached out to the grant to discuss how follow-up care could be completed.</p> <p><u>Result Number:</u> 1</p>

**IPP Indicator: ACCOUTABILITY (A2)**

**The number of organizations that regularly obtain, analyze, and use mental health-related data as a result of the grant**

Intent & Key Points	Definition of Key Terms	Who are you Counting?	Guidelines for entering Data on the Result Form	Tips and Resources
<p>Intent is to capture information on organizations that regularly obtain, analyze, and use mental health related data as a result of the grant.</p> <hr/>	<p><u>“Regularly, Obtain, Analyze and Share Data”</u> - receiving or collecting data on a scheduled, repeated, and ongoing basis that is systematically reviewed to facilitate program, organization, or state agency/department planning; to facilitate consumer choice or shared decision-making; or to improve the quality or efficiency of services. Data are any quantitative or qualitative information collected through specified methods and procedures.</p>	<p><u>TYPE of Organizations to Count:</u> Count the number of organizations that initiate or enhance the data collection.</p> <p>Report data only in the quarter in which you first started getting data.</p> <p>On the Result Record, enter the data on the line titled “number.”</p> <p>Must be a result of grant activity. You cannot count agencies that were collecting/using data prior to the grant.</p>	<p>On the Result Form, enter the following information in the quarter you started getting data:</p> <p><u>Result Name:</u> Enter the type of data being utilized by the organization</p> <p><u>Result Description:</u> Enter description of the number of organizations, how they are using the data, and what the data measure.</p> <p><u>Result Number:</u> Enter the number of organizations not the number of people.</p> <p align="center"><b>EXAMPLE</b></p> <p><u>Result Name:</u> attempt reporting</p> <p><u>Result Description:</u> Six organizations began regularly and systematically reporting the number of attempts by youth.</p> <p><u>Result Number:</u> 6</p> <p><u>Result Name:</u> State Council on Suicide Prevention</p> <p><u>Result Description:</u> Project staff partnered with the council to gather comprehensive and comparative data with regard to attempt survivors and suicide completions throughout the state and nation</p> <p><u>Result Number:</u> 1</p>	

## IPP Indicator: TYPES/TARGETS OF PRACTICES (T1)

**The number of programs/organizations/communities that implemented specific mental health-related practices/activities that are consistent with the goals of the grant.**

Intent & Key Points	Definition of Key Terms	Who are you Counting?	Guidelines for entering Data on the Result Form	Tips and Resources
<p>Intent is to capture programs/organization/communities that implemented specific mental health-related practices/activities implemented consistent with the goals of the grant.</p> <p><u>“Programs”</u> providing mental health or related services for distinct groups of consumers. Often specific staff and resources are allocated to a specific program.</p> <hr/>	<p><u>“Practices/Activities”</u> includes treatment, prevention, mental health-related promotion and supportive services (e.g., evidence-based practices; consumer-operated services; culturally-specific practices; suicide prevention programs; rural telehealth programs, etc.)</p> <p><u>“Implemented”</u> - delivered mental health-related practices to individuals (e.g., consumers, family members, and people at risk).</p>	<p><u>TYPE of Programs/Organizations/Communities to Count:</u> Programs/organizations/communities that implemented specific mental health-related practices/activities.</p> <p>The activity must be a direct result of grant activity. You <b>CANNOT</b> count activities that existed before the grant.</p>	<p>On the Result Form, enter the following information in the quarter when the practices/activities were initiated:</p> <p><u>Result Name:</u> Enter the name/title of the practice/activity.</p> <p><u>Result Description:</u> Enter the name of the program/organization/community and a brief description of the activity/practice implemented.</p> <p><u>Result Number:</u> Enter the total number of practices/activities of this type implanted during this quarter.</p> <p style="text-align: center;"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Equine Therapy</p> <p><u>Result Description:</u> Consistent with the goals of the grant, our program implemented Equine Therapy this quarter.</p> <p>Result Number: 1</p> <hr/>	<p>These programs do not have to be evidence-based</p> <p>Tribal grantees can enter all cultural activities in this indicator as long as there is a suicide prevention focus (ie Culture camps)</p> <p>Think of this indicator as similar to TR1 and WD2...this indicator is all programs that have been implemented. T2 is <b>ONLY</b> evidence-based programs.</p>

## IPP Indicator: TYPES/TARGETS OF PROGRAMS/ORGANIZATIONS/COMMUNITIES (T2)

**The number of programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant.**

Intent & Key Points	Definition of Key Terms	Who are you Counting?	Guidelines for entering Data on the Result Form	Tips and Resources
<p><u>Intent is to capture</u> programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant.</p> <p><u>“Programs”</u> providing mental health or related services for distinct groups of consumers. Often specific staff and resources are allocated to a specific program.</p>	<p><u>“Evidence-Based Mental Health-Related Practices/Activities”</u> refers to interventions that have been rigorously tested, have yielded consistent, replicable results, and have proven safe, beneficial, and effective for most people diagnosed with mental illness.</p> <p>Must be programs that can be found on NREPP or BPR.</p>	<p><u>TYPE of Programs/Organizations/Communities to Count:</u> Report on the programs/organizations/communities that implemented evidence-based mental health practices/activities as a result of the grant during this quarter.</p>	<p>On the Result Form, enter the following information in the quarter when the training was provided and completed:</p> <p><u>Result Name:</u> Enter the name/title of the program/organization/community that implemented the evidence-based practice</p> <p><u>Result Description:</u> Enter a brief description of the evidence-based practice implemented</p> <p><u>Result Number:</u> Enter the total number of programs/organizations/communities that implemented the evidence-based practice/activity.</p> <p style="text-align: center;"><b>EXAMPLE</b></p> <p><u>Result Name:</u> Smith County Schools (12 schools)</p> <p><u>Result Description:</u> Organization implemented Sources of Strength for all Smith County Schools.</p> <p><u>Result Number:</u> 12</p>	<p><b>YES, COUNT</b> The number of organizations that implement a practice</p> <p><b>NO, DO NOT COUNT</b> Organizations already recorded in T1</p> <p><b>NO, DO NOT COUNT</b> Organizations who implement programs that are not on NREPP or BPR.</p>